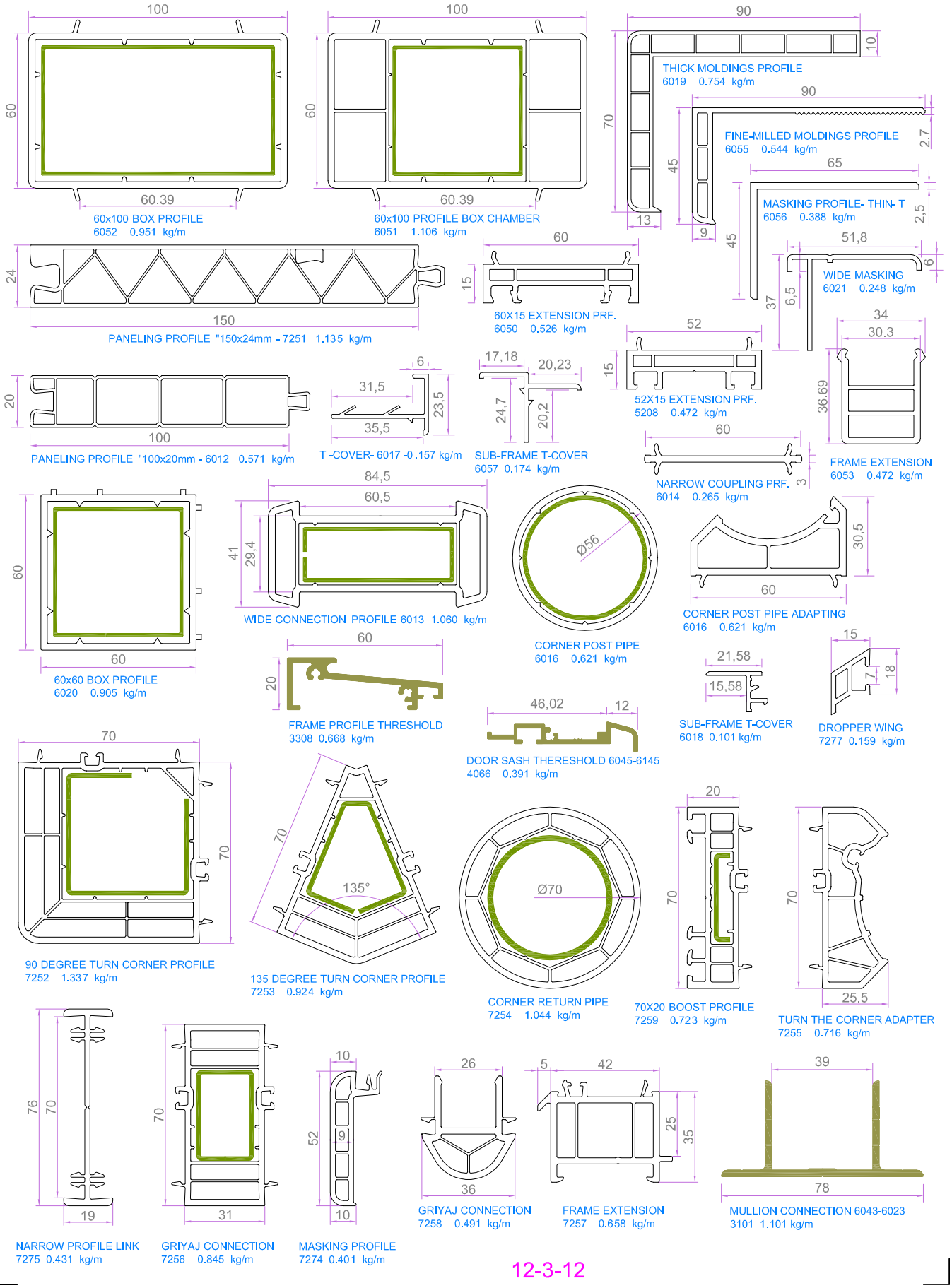PROFILES HELP